How 1889 Foundation maximizes our impact

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2022-2023 Annual Community Report

1889 Foundation has invested over \$26 Million in health and wellness initiatives in Cambria and Somerset Counties since 2015.

\$1,300,000 • \$1,400,000 Social Determinants Childhood of Health Development \$4 Million granted in fiscal year 2023 in support of the following priority areas \$213,000 \$831,000 Physical Health Mental & **Behavorial Health** & Wellness \$274,000 **Medical Education** & Training



Dear friends & supporters,

It's a pleasure to share 1889 Foundation's latest annual community report. Our mission is to support innovative programs and initiatives that improve and transform the overall health and wellness of Cambria and Somerset Counties. That mission is easy to understand, but difficult to accomplish – it's an enormous task. That's why we work to leverage other funding sources to maximize the impact of every dollar we invest in the community. In fact, in this past fiscal year alone, 1889 donations have leveraged more than \$3,745,000 from other sources.

It's been a busy and productive year. The Center for Population Health, our signature funding initiative, continues to develop and expand its efforts, and we continue to foster collaborations with our health and wellness agencies as well as our other funding partners. 1889 continues to define and focus our priority areas to meet the most pressing needs of our community as defined by the Community Health Needs Assessment.

Many of the initiatives funded by 1889 support more than one of our five priority areas, which are defined as follows:

- Physical Health & Wellness
- Mental & Behavioral Health
- Childhood Development
- Social Determinants of Health
- Medical Education & Training

This annual community report highlights some of the many important projects in each priority area from the 2022-2023 fiscal year. With each successful initiative, we are helping to build trust and make our communities stronger and more connected.

We are grateful for your support and we hope you'll enjoy learning more about our activities this year. We invite you to read more about our organization and our initiatives all year round at www.1889foundation.org.

Sincerely,

Susan M. Marn.

Susan M. Mann President

Medical Education & Training

One of 1889 Foundation's priority areas is medical education and training – to ensure our region has the medical professionals we need, to provide continuing education to those professionals, and also to educate our community about health-related topics.

Margaret B. (Mayes) Flora Nursing Scholarship Fund established

A bequest of \$200,000 has been provided to 1889 Foundation from the estate of Robert T. Flora to endow a nursing scholarship fund. The Margaret B. (Mayes) Flora Nursing Scholarship Fund will provide a scholarship to a senior at the Conemaugh School of Nursing who is a graduate of the Greater Johnstown High School.

In addition to being a Greater Johnstown High School graduate who is a senior at the Conemaugh School of Nursing, scholarship recipients must:

- Be a resident of the Conemaugh Health System service area for at least the last five years.
- Have a financial need.
- Have a grade point average of at least a 3.2 and demonstrate an above average performance clinically.



Robert T. Flora, who passed away in March 2023, established the fund in memory of his late mother. He wanted to show his love and respect for her in a way that would reflect the person that she was and leave a legacy of her love for nursing. He thought the best way to do that would be to set up a scholarship fund in

her name, and we are honored that he chose to do that through 1889 Foundation.

"In this fiscal year, 1889 provided \$173,000 in scholarships for medical education."

Providing education to keep our community healthy

Every year, 1889 Foundation provides scholarships to train nurses, paramedics, and nurse practitioners, along with radiological, surgical, and medical lab technicians. We also provide funding for continuing education conferences for medical professionals on topics like trauma, diabetes, and medical skills.

Stop the Bleed is a collaborative program between 1889 Foundation and Conemaugh's Trauma

Paramedic full scholarship recipients.



View a video about 1889 Foundation's initiatives in medical education and training. Services whose team members provide the proper education on Stop the Bleed. Groups who complete the training receive a free Stop the Bleed kit which contains the necessary supplies people need to save lives in a bleeding emergency before medical help arrives. The free kits are made possible with funding from 1889 Foundation.

Farm Safety Day helps youth and adults in rural areas learn injury prevention and emergency first aid in a rural environment.

1889 also supports Second Chance Fundraising, which educates the community about the importance of organ donation.



Mental & Behavioral Health

Mental health refers to our emotional, psychological, and social well-being, while behavioral health is a broader term that relates to the connection between behavior and one's overall well-being. 1889 Foundation funds projects that improve mental and behavioral health, including counseling and therapy, support for specific groups such as veterans and bereaved or at-risk children, and substance use treatment and prevention.

Child Advocacy Center & Victim Services

When a child discloses abuse or is the victim of a crime, they and their families need help in navigating the criminal justice system and finding support. The Cambria County Child Advocacy Center (CAC) assists children and families where child abuse is suspected or when the child has witnessed violence. By bringing law enforcement, the District Attorney's Office, and Child Welfare Workers together in one setting, the CAC model helps to minimize the additional trauma to children brought on by multiple interviews.

At the CAC, a forensic interviewer conducts a trauma-informed interview with the victim to gather information about the alleged abuse or crime in a safe and supportive environment, in a manner that is developmentally appropriate for the child's age. That single interview is recorded and made available to all investigative team members, minimizing the number of times a child has to discuss details of the allegations. Although the CAC has their own advocate on staff, they refer children to Victim Services Inc. for follow up counseling, trauma therapy, and family support. In cases where the CAC advocate is unavailable to provide



services for a child, Victim Services Inc. can send an advocate to support the child and family during the interview process.

1889 Foundation has provided direct funding for the Cambria County Child Advocacy Center and also provides funding for Victim Services Inc. through the United Way of the Laurel Highlands.

Victim Services Inc. and the CAC work together to ensure that children and their families are connected with all available services and resources to ensure their physical, emotional, and psychological needs are met so they can take their first steps on the path to healing from trauma with a circle of support surrounding them.

1889 supports Veterans Community Initiatives

Veterans Community Initiatives (VCI) delivers a wide range of free programs and services to enhance the lives and well-being of area veterans and their families. 1889 Foundation supports several of the VCI's programs and services.

Rural Veterans Outreach Program: These resource fairs are held in rural locations to inform veterans of services and benefits available to them within the VCI's 14-county service area. Resources provided also include coaching and mentoring to support physical and mental health challenges, and other mental health initiatives. VCI's services are taken to the rural veterans rather than having vets travel to them.

Veterans Assistance Care Program: VCI works with the VA and Office of Vocational Rehabilitation to offer this program to veterans and their families. It provides financial assistance as well as coaching and mentoring to help veterans overcome physical and mental health challenges, including suicide prevention.

1889 promotes health through art

1889 Foundation collaborates with the Pennsylvania Rural Arts Alliance on the Creative Health Impact Grant Awards. The annual awards provide funding from 1889 Foundation to support arts programs related to health and wellness in Cambria and Somerset Counties.

In this fiscal year, 10 organizations received funding for programs ranging from mindfulness training for children to art workshops for people with dementia.



Social Determinants of Health

Up to 80% of a person's overall health is determined by where they live. The social determinants of health are nonmedical factors that influence health outcomes, including food and nutrition, housing, transportation, employment, and social needs. 1889 Foundation funds a variety of programs that address these inequalities and improve our region's overall quality of life.

1889 Foundation supports ACRP's Beds for Kids

Can you imagine going to sleep every night.... without a bed to sleep in? Many area children don't have their own bed and have to sleep on the floor or furniture. The lack of restful sleep can have a huge negative impact on a child's development and overall well-being.

The Beds for Kids project of the Alternative Community Resource Program (ACRP) addresses this problem by providing a free custom-made twin bed, mattress, pillow, blankets and sheets to eligible kids in Cambria and Somerset Counties. Families must have been residents for a year and meet a certain income level to qualify.

Studies have shown that kids who get adequate sleep have improved attention, behavior, learning, memory, and better overall mental and physical health.

Referrals come from social workers, health care professionals, and other service agencies – anyone who comes into contact with families in need and notices that a child doesn't have a bed.

The project has a dual purpose, too. The beds are made from scratch by clients referred by the Cambria County Juvenile Court who are required to provide a service to the community. Thus, the program not only provides needed beds and bedding for children in need, it provides young people with an opportunity to complete meaningful community service while learning woodworking skills.

1889 helps Women's Help Center expand services

1889 Foundation has granted \$200,000 to support Women's Help Center (WHC) to provide emergency shelter to individuals experiencing homelessness, with a focus on women and children, helping to leverage \$200,000 from the City of Johnstown through American Rescue Plan Act Funds.

The grant funding has enabled the agency to offer emergency shelter 24/7. Information, referrals, legal advocacy, and education are also offered, helping people become more financially literate. This year, the WHC provided 284 people with 6,016 nights of shelter.



"With each successful initiative, we are helping to build trust."

The grant also enables the WHC to offer a transitional housing program, The Way Home, which is designed to help those who are ready to leave the shelter but need some transitional support.

The program houses families in one of 10 2- and 3-bedroom units, and provides case management services for up to 18 months to help individuals maintain employment, receive supportive services, and obtain permanent housing while addressing any barriers to self-sufficiency.



1889 Foundation funds AED initiatives

According to the American Heart Association, 436,000 Americans die of cardiac arrest every year. The use of an Automatic External Defibrillation (AED) device can drastically improve the survival rate. But time matters – every minute that a person in sudden cardiac arrest does not receive defibrillation, their chances of survival drop by a staggering 7-10%.

In this fiscal year, 1889 Foundation funded two initiatives designed to increase the chances that someone who has a sudden cardiac event in public will receive defibrillation and/or CPR before first responders arrive.

PulsePoint: 1889 funded the implementation of this software which is integrated with Cambria County's emergency alert system. This free downloadable app is made available to emergency dispatchers, emergency responders, and anyone trained in CPR, including offduty emergency response and medical professionals, and provides information on the location of the cardiac event as well as the location of the nearest AED.

AEDs for sports fields: 1889 Foundation partnered with Portage Area Ambulance Association for the "AED's for Each Youth Athletic Field in Cambria County" initiative. The campaign was launched with an aggressive deadline to meet the goal before the start of the spring sports season. Over \$46,000 was raised, including a grant from 1889 Foundation for \$25,000. 27 AEDs were distributed in early April and have been deployed at 27 youth athletic fields across Cambria County.



Physicol Health

1889 Foundation funds projects that improve the physical health and wellness of people living in Cambria and Somerset Counties by providing safe opportunities to engage in exercise, disease screenings, disease prevention initiatives, and access to all forms of healthcare.

1889 partners on Community Health Needs Assessment

What does our community need most when it comes to health? What priorities should be set, and how can area agencies cooperate to maximize our impact? The Community Health Needs Assessment (CHNA) helps to answer those critical questions. It is a cooperative project of 1889 Foundation, the Center for Population Health, Conemaugh Health System, and the United Way of the Laurel Highlands.

The CHNA is created through systematic, comprehensive data collection through a survey, public health data, and focus groups, and analysis of the results. 1889 Foundation is proud to partner on this important effort to help improve our community's health.



View the full CHNA report.



The Center for Population Health improves our region's health and wellness

Center for Population Health

The Center for Population Health (CPH), 1889 Foundation's signature funding initiative, was founded as a collaborative resource center focused on population health and disease prevention. Formerly known as the 1889 Jefferson Center for Population Health, the organization's name changed when the CPH became a standalone 501(c)3 non-profit in July 2023.

The CPH's Community Care HUB (HUB) launched in September 2020 and aims to impact health outcomes by addressing "pathways" – risk factors that are medical and social barriers to care, such as employment, housing, transportation, and more. The HUB is an organized, outcome-focused network of care coordination agencies who hire and train community health workers (CHWs) who connect at-risk individuals to services.

The HUB initially began offering services to pregnant women who receive medical assistance or are diagnosed with gestational diabetes. The HUB has since expanded to serve families with social determinants of health needs in the Greater Johnstown Elementary School and Somerset Area School District, as well as individuals with conditions like diabetes or substance use disorder who are referred from insurers.

The CPH and HUB have had a busy and productive year. In 2022, the HUB's activities included:

- 378 HUB participants
- 3,160 contacts made to participants
- 2,188 pathways opened
- 931 visits from CHWs
- 60 babies born at a healthy weight

Other activities of the CPH included teaming up with the Cambria County Drug Coalition to create "Wellness Wednesdays." Local health and human services resources were invited to attend Johnstown Housing Authority communities as well as other housing communities across Cambria County to bring resources directly to residents. In summer 2023, nearly 1,000 individuals were reached.

The CPH participates in many local health and wellness outreach events, oversees the work of the Food Systems Coordinator, who leads the Local Foods Local Places Initiative, and provides vital advocacy work of the importance of addressing health and human service needs of individuals in our region.



View a video about the Community Care HUB.

childhood Development

1889 Foundation has placed a greater emphasis on early childhood initiatives as we work collaboratively with our other funding partners to develop a systems-wide, coordinated approach across Cambria and Somerset Counties, to improve the educational, health, and social outcomes of our youngest residents.

1889 leverages funding for childhood development initiatives

Children are the future of our community! 1889 Foundation funds many projects that address the social, academic, and medical needs of children, from infancy all the way through early adulthood.

This year, 1889 provided a \$100,000 grant that leveraged another \$100,000 through Sen. Wayne Langerholc for childhood initiatives that include tutoring programs, access to physical fitness opportunities and nutrition, and more – including the following:

Learning Lamp programs: Childcare necessities to several daycare centers, as well as resurfacing for the Admiral Peary childcare playground and a fence for the GJCTC playground.

Playground, play area, and programming improvements: Renovations, improvements, and programming at various play spaces including Cambria





City, Coopersdale, Oakhurst, Solomon, Somerset, and Stonycreek Township communities.

New mom kits/incentives:

Distributed through Beginnings, Community Action Partnership, and Alleghenies United Cerebral Palsy.

Cambria County Backpack Project:

Nutritious food that is sent home over the weekends with kids whose families are food-insecure. More than 89,000 meals were distributed this year.





1889 Foundation funds improvements and renovations at Flood City Youth Fitness Academy

1889 Foundation granted \$100,000 to fund facility renovations and expansions at the Flood City Youth Fitness Academy (FCYFA). The FCYFA provides services, including programming, tutoring services, and meals, to at-risk young people from kindergarten through 12th grade.

Founded in 2012, the FCYFA was originally focused on physical fitness. But it quickly expanded its mission to provide after-school activities, tutoring, and classes. Today, the FCYFA serves more than 200 youth daily, transporting them from school to their facility, providing hot meals and snacks, as well as recreational and academic activities.

The grant funded renovations to the kitchen, rec room and computer lab to make the spaces more flexible, functional, and inviting, as well as upgrades of electronics such as computers, tablets, large-screen TVs, and more. These improvements enable the FCYFA to expand the types of programming offered and increase the number of children they serve.

"This year, 1889 Foundation provided \$1.4 million for childhood initiative programs."

1889 Foundation



1889 provided \$250,000 to support the Phase 2 development of the Center for Metal Arts, helping to improve livability in Johnstown by stimulating heritage tourism, job development, and economic diversification.

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Making our communities stronger and more connected

1889's funding to Hosanna Industries helps homeowners in need rehabilitate their houses, thus helping address the social determinants of health and improve our community's neighborhoods. 47 houses have been rehabbed since the program began.



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For over 25 years 1889 Foundation has supported Farm Safety Day in Berlin, which helps youth and adults learn to prevent and provide first aid for initiaties to a farm environment

1889 Foundation, Inc. 2022–2023

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