

Registration Form

(*Online or by mail)

Pre-registration is required and will be limited. Please reply early! Registration will be closed on April 30, 2018. One registration form per attendee.

(Please Print)

Name

Street Address/P.O. Box

City

State

Zip Code

County

(_____) _____

Telephone Number

E-mail

Is this your first year attending this conference?

YES

NO

How did you find out about this event?

MAIL TO:

Living-Learning Center
University of Pittsburgh at Johnstown
450 Schoolhouse Road
Johnstown, PA 15904
814-269-1900

*ONLINE REGISTRATION:

upj.pitt.edu/SurvivorsConference

(continued on back)

Visit the many exhibitors and information tables, including:

- Cancer Caring Center (Pittsburgh, PA)
- Cancer Treatment Centers of America
- Chan Soon-Shiong Medical Center at Windber
- Conemaugh Cancer Care Center
- Donna Christopher: State Farm Insurance
- DiSepio Institute for Rural Health & Wellness (Saint Francis University)
- Jefferson Center for Population Health
- John P. Murtha Regional Cancer Center (Johnstown, PA)
- Joyce Murtha Breast Care Center (Chan Soon-Shiong Medical Center at Windber)
- Med-Van Transport
- Nu Hart Hair Studio
- PA Breast Cancer Coalition
- National Ovarian Cancer Coalition
- University of Pittsburgh at Johnstown
- Vantage Physical Therapy
- Veteran's Affairs
- UPMC Cancer Center in Johnstown
- Windber Breast Cancer Center
- Women's Cancer Support Group
- And many more

All food provided/underwritten by:

1889
FOUNDATION

Conference Location

Living-Learning Center
University of Pittsburgh at Johnstown
450 Schoolhouse Road
Johnstown, PA 15904

**Drop-off available in the front circle
prior to parking.**

For directions or additional information,
call 814-269-1900 or visit
upj.pitt.edu/SurvivorsConference

The next Conference will be held at The University of Pittsburgh at Johnstown on Saturday, May 11, 2019.

RURAL
CONFERENCE FOR

Cancer Survivors

"Education for HOPE and SUPPORT"

Saturday, May 5, 2018

Living-Learning Center
University of Pittsburgh at Johnstown

FREE admission & lunch!

corporate sponsor:



hosted by:



University of Pittsburgh
Johnstown



*There is no medicine
like hope, no incentive
so great, and no
tonic so powerful
as expectation of
something tomorrow.*

- Orison Swett Marden

Keynote Speaker



Marty Radovanic

Marty Radovanic was a longtime news anchor on WJAC-TV. He used to anchor the 6 PM newscast with Jennifer Johnson, and was a solo anchor on the 11

PM newscast until his retirement in October 2017. He also served as WJAC's Managing Editor.

In June 2014, Marty was diagnosed with marginal zone non-Hodgkin's lymphoma. To keep the public updated on his fight against cancer, he started a blog on wjactv.com called "A little bump in the road."

Marty says, "Cancer picked the wrong guy to mess with."

Lynne McQuillan is a ERYT-200/500 Yoga Instructor, Ayurvedic Yoga Aromatherapist and owner of Just Breathe Mindful Movement Studios.

Overview

Welcome to the Rural Conference for Cancer Survivors. This day is designed especially for cancer survivors and their families, caregivers, advocates, and friends. We have planned an event-filled day that includes speakers, panel discussions, interactive sessions, and exhibits from an array of organizations committed to helping improve the lives of cancer survivors. We hope you find the day informative and relaxing.

Program

Master of Ceremony - Tim Rigby

- 8:30 a.m. Registration/Continental Breakfast
- 9:00 a.m. Welcome/Introduction
- 9:15 a.m. Panel of Survivors
- 10:00 a.m. Break
- 10:10 a.m. Keynote Speaker - Marty Radovanic
- 10:45 a.m. Speaker Q & A
- 11:00 a.m. Break
- 11:10 a.m. Centering and Strengthening the Physical and Energy Body with Mindful Practices and Essential Oils – Lynne McQuillan
- 12 Noon Lunch
- 12:30 p.m. Door Prizes/Conclude

Panel Discussions

The Panel of Survivors is comprised of five individuals that will share experiences and advice with you. They will speak on a range of cancers and give you the opportunity to ask questions about their journey. The cancers that are represented on this year's panel are:

- Blood Cancer with Bone Marrow Transplant
- Breast Cancer
- Endometrial Cancer
- Liver Cancer/Organ Transplant
- Non-Hodgkin's Lymphoma

Registration Form

One registration form per attendee:

- _____ Adult (Survivor)
- _____ Child (Survivor)
- _____ Family/Friend/Caregiver (adult or child)
- _____ Health Professional
- _____ Other _____

Mindful Movement Exercises provided by:



Please circle your lunch selection:

1. **Turkey & Provolone Sandwich** (deli-sliced turkey with provolone cheese on a kaiser roll, served with lettuce, tomato, mayo, and mustard)
2. **Club LLC Wrap** (roasted turkey, swiss cheese, bacon, lettuce, tomato, and mayo on a flour tortilla)
3. **Vegan Root Vegetable Wrap** (roasted root vegetables, cherry juliee, fresh parsley, and dried cherries together in a tomato basil wrap)
4. **Gluten Free** (hummus and quinoa collard green wrap)

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